



COACHING & OFFICIATING CLINIC

OFFICIAL PROGRAMME



Match officials on the field at 2026 NFL Africa Continentals.

Personnel · Session Schedule · Practical Field Activities



ABOUT THIS PROGRAMME

This programme sets out the personnel, session schedule and practical activities for the KFAF Coaching Clinic and Officiating Clinic. It is designed to prepare coaches and match officials with the knowledge, mechanics and field craft required to grow flag football across Kenya.

1. PROGRAMME OVERVIEW

Clinic	Duration	Key Focus
Coaching Clinic	Day 1–2	Flag football code, safeguarding, offensive & defensive systems, talent identification, leadership and practical field training.
Officiating Clinic	Day 1–2	Flag football code, rules, fouls and signals, referee duties, timing, mechanics and practical officiating.

2. COACHING CLINIC

2.1 Coaching Clinic Personnel

No.	Presenter / Facilitator
1	Will Nonluecha- Men's National team Assistant Coach
2	Joseph Bahati- Men's Head coach
3	Saleh Tumaka- Women's Head coach- Delivered first Kenya Medal in flag football
4	Moses Waweru- International Referee and certified Coach
5	Bridget Kamamia- International Referee
6	Ivy Jepng'etich- International Referee
7	Moses Ondeng- Vice President KFAF & Safe guarding Officer
8	George Alwanga- President KFAF

2.2 Day 1 — Coaching

Time	Session	Facilitator(s)
9:00 AM – 9:15 AM	Executive Opening Remarks	KFAF Execs
9:15 AM – 9:45 AM	Flag Football Code	Moses Waweru
9:45 AM – 10:30 AM	Child Safeguarding in Flag Football	Moses Ondeng
10:30 AM – 11:00 AM	Tea Break	—
11:00 AM – 1:30 PM	Offense Playbook & Strategies	Will Nonluecha
1:30 PM – 2:00 PM	Lunch Break	—
2:00 PM – 4:00 PM	Field Activities – Groups A, B & C	See field activity schedule

Time	Session	Facilitator(s)
From 4:00 PM	Game Situation	All Presenters

Day 1 — Field Activities

Activity	Facilitator(s)
Warm-up	Saleh + Will
Route Tree	Samuel + Baha / Saleh + Will
Centre–QB Training / RB Training / Handoff	Moses Waweru + Bridget + Will
Flag Pull Evasion (Runner Drills)	Saleh + Ivy + Will
Game Situation	All Presenters

2.3 Day 2 — Coaching

Time	Session	Facilitator(s)
9:00 AM – 9:30 AM	Rulebook Basics	Moses + Bridget
9:30 AM – 10:30 AM	Defensive Playbook & Strategies	Bahati
10:30 AM – 11:00 AM	Tea Break	—
11:00 AM – 12:30 PM	Talent Identification	Bahati + Saleh
12:30 PM – 1:30 PM	Leadership	George Alwanga
1:30 PM – 2:00 PM	Lunch Break	—
2:00 PM – 4:00 PM	Field Activities	See field activity schedule
From 4:00 PM	Game Situation	All

Day 2 — Field Activities

Activity	Facilitator(s) / Notes
Warm-up	Saleh + Will
Route Tree (Attacking) → Centre–QB–RB Training	Part of warm-up
Flag Pull Evasion	Part of warm-up
Zone Defence	Saleh + Will + Bahati
Man Defence	Moses + Bridget
Blitzer Training & Flag Pulling	Saleh + Ivy + Will
Game Situation	All, from 4:00 PM



3. OFFICIATING CLINIC

3.1 Officiating Clinic Personnel

No.	Presenter / Facilitator
1	Moses Waweru
2	Bridget Kamamia
3	Donald Juma
4	Ivy Jepng'etich
5	Moses Ondeng
6	Saleh Tumaka

3.2 Day 1 — Officiating

Time	Session	Facilitator(s)
9:00 AM – 9:45 AM	Flag Football Code & Types of Flag Football	Ivy
9:45 AM – 10:30 AM	Field Dimensions & Rule 1 / Referee-related Material	Moses Waweru
10:30 AM – 11:00 AM	Tea Break	—
9:00/9:45 AM – 10:30 AM	Safeguarding	Moses Ondeng
11:00 AM – 12:30 PM	Rule 2	Moses Waweru
12:30 PM – 1:30 PM	Rule 4 & Dead Ball Fouls and Their Signals	Donald
1:30 PM – 2:00 PM	Lunch Break	—
2:00 PM – 4:00 PM	All Officiating Mechanics – Practical Field Activities	All

Day 1 — Additional Officiating Content

Content	Facilitator / Note
Rule 4 & Dead Ball Fouls	Bridget
Field Dimensions, Rule 1 and Referee-related Material	Included in Day 1 content
Practical / Field Work	All officiating mechanics



3.3 Day 2 — Officiating

Time	Session	Facilitator(s)
8:30/9:00 AM – 10:00 AM	Pre-game Duties & Coin Toss Procedure	Donald
9:00 AM – 10:00 AM	Live Ball Fouls; Their Signals; Other Signals	Bridget
10:00 AM – 10:30 AM	Timing & End of Periods; Signals; Timing Procedures	Ivy
10:30 AM – 11:00 AM	Tea Break	—
11:00 AM – 1:30 PM	Referee Roles; Post-snap and Pre-snap; Application of Referee Roles in Relation to Officiating Mechanics	Moses Waweru
1:30 PM – 2:00 PM	Lunch Break	—
2:00 PM – 4:30 PM	Referee Mechanics & Positions; Movement Pre-snap and Post-snap	All

4. PRESENTER SUMMARY

Coaching Clinic	Officiating Clinic
Will Nonluecha	Moses Waweru
Joseph Bahati	Bridget Kamamia
Saleh Tumaka	Donald Juma
Moses Waweru	Ivy Jepng'etich
Bridget Kamamia	Moses Ondeng
Ivy Jepng'etich	Saleh Tumaka
Moses Ondeng'	—

5. PROGRAMME NOTES

- Field activities are practical sessions and should be conducted with appropriate participant grouping and supervision.
- The Day 1 coaching field activities are divided into three groups: A, B and C.
- The programme retains the session timings and facilitator allocations contained in the source programme.

